

# Asian Health and Service Center



Portland Main Office:  
3430 SE Powell Blvd,  
Portland, OR 97202  
Phone: (503) 872-8822  
Fax: (503) 872-8825

[website: www.ahscpx.org](http://www.ahscpx.org)

Beaverton Office:  
12500 SW Allen Blvd.,  
Beaverton, OR 97008  
Phone: (503) 641-4113  
Fax: (503) 872-8825

## Mental Health Program

The AHSC Mental Health program, certified through contracts with Multnomah County and Washington County, provides a safe and culturally sensitive place for Asians who seek mental health care. Our program is a culturally competent and linguistically appropriate service that is offered in Cantonese, English, Korean, Mandarin, and Taiwanese. All staff members of the mental health program are multilingual and multicultural professionals who have extensive experience in the field.

### What We Provide

1. Psychiatric evaluation and medication management
2. Individual, couple, family and group therapy
3. Individual and group skills training
4. Case management
5. Socialization activities
6. Consultation on issues of cultural consideration when working with Asian community.

### Whom We Serve

1. Individuals with mental, emotional, and/or behavioral problems
2. Individuals and families who converse in Cantonese, Korean, Mandarin, Taiwanese and/or English
3. Individuals who look for a culturally sensitive approach to therapy.

Please contact us if you (or someone you know) are experiencing the following symptoms: insomnia, depression, poor appetite, suicidal ideation, unusual thoughts, mood swings, peculiar behavior, marked lack of interest or energy, frequent anxiety.

For appointment or speak with a counselor, please call (503) 872-8822 ext. 216  
Monday to Friday 8:30am to 5:00pm