

ASIAN HEALTH & SERVICE CENTER

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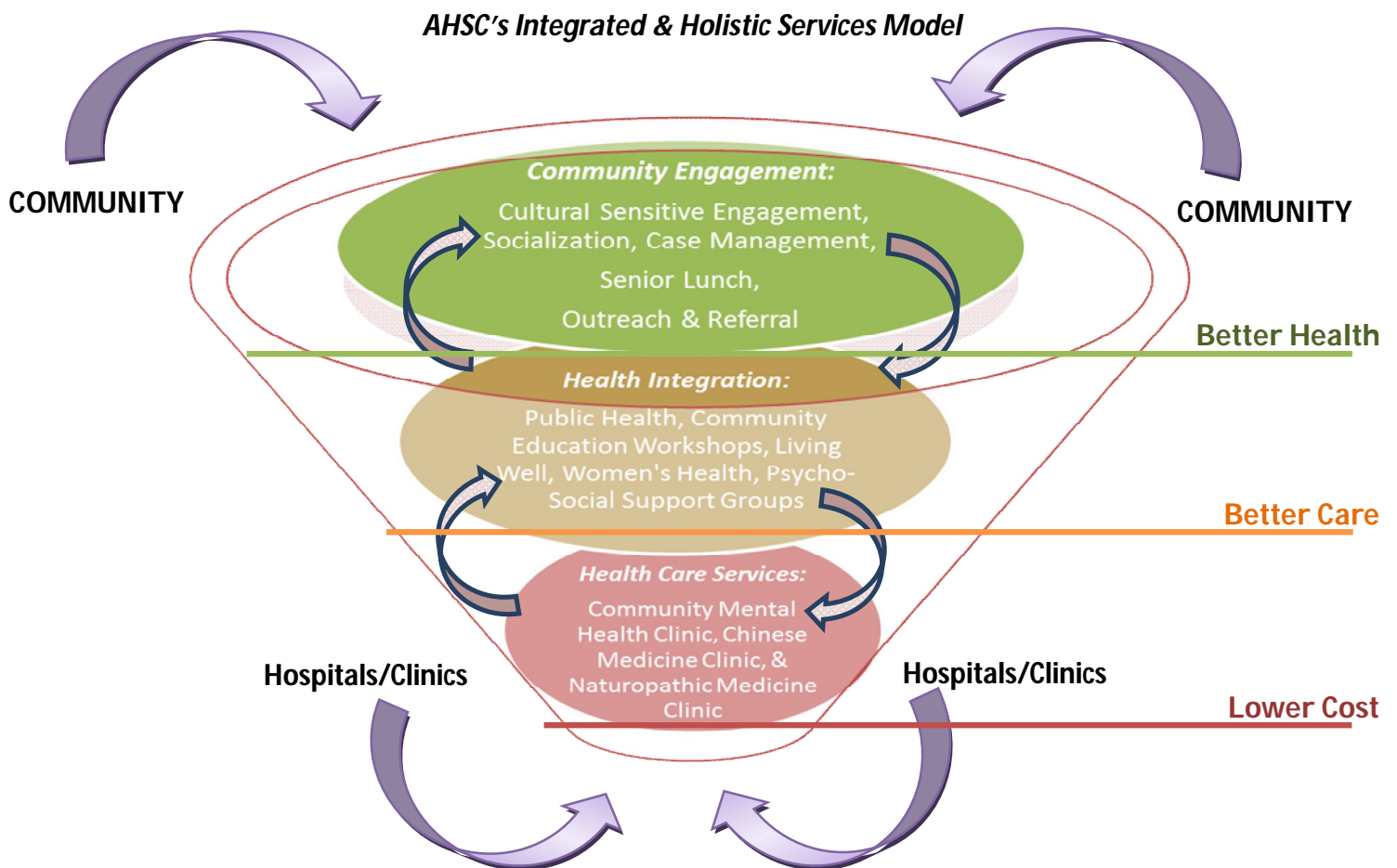
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Asian Health & Service Center's Integrated & Holistic Services:

Asian Health and Service Center (AHSC) is a non-profit, 501(c) (3) organization that has served the Portland metro region since 1983. *The mission of AHSC is to be the bridge between Asian and American culture and build a harmonious community. Our vision is to reduce health inequity and improve healthcare quality for all Asians.*

To realize our vision, AHSC offers an **Integrated & Holistic** Services Model with the following **components**: 1) Community Engagement, 2) Health Integration and 3) Health Care Services that embody **four key values**: Engage, Empower, Enable and Encourage.



Four key values:

- ❖ **Engage** clients in a culturally and linguistically sensitive environment before they need immediate health related services.
- ❖ **Empower** clients with knowledge about resources, prevention, early intervention and how to manage chronic illness.
- ❖ **Enable** clients to gain access to health care resources through linguistically appropriate case management and referral services.
- ❖ **Encourage** clients to seek prevention, appropriate health care services and connect them with community health clinics; provide seamless referral to our out-patient behavioral health clinic.

Mission: To be the bridge between Asian and American culture and build a harmonious community

Main components:

- ❖ **Community Engagement:** AHSC offers a continuum of social and support services in a culturally sensitive setting by reaching out to Asian immigrants, reacquainting them with the arts and culture of their homeland, providing opportunities for socializing, and fostering a sense of community. Our culturally relevant and linguistically appropriate community outreach includes our popular ethnic meal program for seniors and short term case management program.
- ❖ **Health Integration:** AHSC provides series of public health education projects and activities, health educational workshops and psychosocial support programs which include: Health and Wellness Groups, Asian Wellness Connection, Chronic Disease Link, Living Well with Chronic Disease Training classes, Powerful Tool for Caregiving training classes, Women's Health and mammogram referral, Emergency Preparedness and Healthy Kids application assistance.
- ❖ **Health Care Services:** AHSC has a state-certified outpatient Behavioral Health clinic specializing in serving the Asian community. Culturally and linguistically appropriate clinical services are provided by a team of bilingual professionals and psychiatrists. Collocated in the same facility, clients may also access onsite, low-cost Naturopathic and Chinese Medicine clinics. The Annual Health Community Fair and the OHSU Global Health Center: interdisciplinary Community Health & Education Exchange (iCHEE™) aims to encourage better access and preventive care

Specific integration efforts already underway at AHSC are as follows:

1. Asian Wellness Connection (AWC) provides coordinated care for clients from partnered community clinics with chronic disease management and wraparound social services, support groups and coordination between the mental health clinician and primary care providers. **Over 500 individuals and families benefited from this project** (*three years of funding support from UW, NWHF just ended in June 2012*).
2. Enhanced ethnic outreach, including ethnic meals for Asian seniors twice week. AHSC provides case management to clients, assist them access community resources and connect them with their primary care providers. **45,445 meals were served since the start of the meal program in April 2009** (*servicing Mult. Co residents with funding support from Mult. Co*).
3. AHSC has partnered with the OHSU School of Nursing, whose student nurses provide a number of screenings onsite including blood pressure, weight/Body Mass Index (BMI), and blood glucoses checks to patients in need of close monitoring. **Starting this October, partnering with the OHSU Global Health Center: interdisciplinary Community Health & Education Exchange (iCHEE™), AHSC will expand services aim to encourage better access and preventive care.** (*On going partnership.*)
4. Tri-County Mental Health Connection for Asians: a one year pilot project started July 2012. Team up trained community health workers with our mental health clinicians to outreach, educate the Asian community on mental health/illness. Basic screening will be provided and seamless enrollment to our out-patient mental health clinic. **The pilot project will benefit over 100 people** (funded by UW for 12-13).

Highlight of AHSC's output on Integrated & Holistic Services Model (from Jan to Dec 2011):

1. Provided over 59,000 service encounters, including case management, consultation and counseling. 68% female and 32% male.
2. Accumulated 6,300 registered clients; large percentage of them are low in-come, and limited English proficiency. About 70% are OHP clients and more than 20% are uninsured.
3. AHSC's clients' ages: approximately 11% of 19 to 29, 25% of 30 to 49, 40% in the range of age 50 to 69 and 22% of 70 to 80 & above.
4. Most clients are emigrated from China, Korea, and Vietnam, majority of them are resided in Multnomah, Washington County and Clackamas County.